

WHAT IS CLAIMED IS:

1. A female physical condition management apparatus comprising:

- 5 physical condition data acquiring means,
appearance time estimation means,
estimation accuracy determination means, and
display means,
wherein
- 10 the physical condition data acquiring means acquires data about
physical conditions of a female which appear in a monthly cycle,
the appearance time estimation means estimates the oncoming
times of appearance of the physical conditions appearing in a
monthly cycle of the female based on the acquired data about
- 15 the physical conditions,
the estimation accuracy determination means determines the
accuracy of the estimations made by the appearance period
estimation means, and
the display means displays data about the estimated times of
- 20 appearance and data about the determined estimation accuracy.

2. The apparatus of claim 1, wherein the estimation
accuracy determination means determines the accuracy of the
estimations made by the appearance time estimation means based
- 25 on the number of times the data about the physical conditions
appearing in a monthly cycle of the female has been acquired
by the physical condition data acquiring means in the past.

3. The apparatus of claim 1 or 2, wherein the data about the estimation accuracy which is displayed by the display means is a probability that the physical conditions appearing in a monthly cycle of the female actually appear at the estimated
5 times of appearance.

4. The apparatus of claim 1 or 2, wherein the physical condition data acquiring means is used by the female to input the data about the physical conditions appearing in a monthly
10 cycle.

5. The apparatus of claim 3, wherein the physical condition data acquiring means is used by the female to input the data about the physical conditions appearing in a monthly
15 cycle.

6. The apparatus of claim 1 or 2, wherein the physical condition data acquiring means measures physical data of the female and acquires the data about the physical conditions
20 appearing in a monthly cycle of the female based on the measured physical data.

7. The apparatus of claim 3, wherein the physical condition data acquiring means measures physical data of the
25 female and acquires the data about the physical conditions appearing in a monthly cycle of the female based on the measured physical data.

8. The apparatus of claim 6, wherein the physical data of the female is the basal body temperature of the female.

9. The apparatus of claim 7, wherein the physical data
5 of the female is the basal body temperature of the female.

10. The apparatus of claim 6, wherein the physical data of the female is the bioelectric impedance of the female.

10 11. The apparatus of claim 7, wherein the physical data of the female is the bioelectric impedance of the female.

12. The apparatus of claim 1 or 2, wherein the data about the physical conditions appearing in a monthly cycle of the
15 female which is acquired by the physical condition data acquiring means is the start date of menstruation of the female.

13. The apparatus of claim 3, wherein the data about the physical conditions appearing in a monthly cycle of the female
20 which is acquired by the physical condition data acquiring means is the start date of menstruation of the female.

14. The apparatus of claim 4, wherein the data about the physical conditions appearing in a monthly cycle of the female
25 which is acquired by the physical condition data acquiring means is the start date of menstruation of the female.

15. The apparatus of claim 5, wherein the data about the

physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means is the start date of menstruation of the female.

5 16. The apparatus of claim 6, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means is the start date of menstruation of the female.

10 17. The apparatus of claim 7, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means is the start date of menstruation of the female.

15 18. The apparatus of claim 8, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means is the start date of menstruation of the female.

20 19. The apparatus of claim 9, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means is the start date of menstruation of the female.

25 20. The apparatus of claim 10, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means is the start date of menstruation of the female.

21. The apparatus of claim 11, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data
5 acquiring means is the start date of menstruation of the female.

22. The apparatus of claim 1 or 2, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data
10 acquiring means is the ovulation date of the female.

23. The apparatus of claim 3, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means
15 is the ovulation date of the female.

24. The apparatus of claim 4, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means
20 is the ovulation date of the female.

25. The apparatus of claim 5, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means
25 is the ovulation date of the female.

26. The apparatus of claim 6, wherein the data about the physical conditions appearing in a monthly cycle of the female

which is acquired by the physical condition data acquiring means is the ovulation date of the female.

27. The apparatus of claim 7, wherein the data about the
5 physical conditions appearing in a monthly cycle of the female
which is acquired by the physical condition data acquiring means
is the ovulation date of the female.

28. The apparatus of claim 8, wherein the data about the
10 physical conditions appearing in a monthly cycle of the female
which is acquired by the physical condition data acquiring means
is the ovulation date of the female.

29. The apparatus of claim 9, wherein the data about the
15 physical conditions appearing in a monthly cycle of the female
which is acquired by the physical condition data acquiring means
is the ovulation date of the female.

30. The apparatus of claim 10, wherein the data about
20 the physical conditions appearing in a monthly cycle of the
female which is acquired by the physical condition data
acquiring means is the ovulation date of the female.

31. The apparatus of claim 11, wherein the data about
25 the physical conditions appearing in a monthly cycle of the
female which is acquired by the physical condition data
acquiring means is the ovulation date of the female.

32. The apparatus of claim 1 or 2, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means is the number of days in the monthly cycle of the female.

33. The apparatus of claim 3, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means is the number of days in the monthly cycle of the female.

34. The apparatus of claim 4, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means is the number of days in the monthly cycle of the female.

35. The apparatus of claim 5, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means is the number of days in the monthly cycle of the female.

36. The apparatus of claim 6, wherein the data about the physical conditions appearing in a monthly cycle of the female which is acquired by the physical condition data acquiring means is the number of days in the monthly cycle of the female.

37. The apparatus of claim 7, wherein the data about the physical conditions appearing in a monthly cycle of the female

which is acquired by the physical condition data acquiring means is the number of days in the monthly cycle of the female.

38. The apparatus of claim 8, wherein the data about the
5 physical conditions appearing in a monthly cycle of the female
which is acquired by the physical condition data acquiring means
is the number of days in the monthly cycle of the female.

39. The apparatus of claim 9, wherein the data about the
10 physical conditions appearing in a monthly cycle of the female
which is acquired by the physical condition data acquiring means
is the number of days in the monthly cycle of the female.

40. The apparatus of claim 10, wherein the data about
15 the physical conditions appearing in a monthly cycle of the
female which is acquired by the physical condition data
acquiring means is the number of days in the monthly cycle of
the female.

20 41. The apparatus of claim 11, wherein the data about
the physical conditions appearing in a monthly cycle of the
female which is acquired by the physical condition data
acquiring means is the number of days in the monthly cycle of
the female.

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